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## Lake Reschen - Lake Garda

### ON THE ADIGE CYCLE PATH TO THE LAGO

This tour along the Adige, one of the longest rivers in Italy, impresses with a very special route. After the start, only a few kilometres after the Austrian border, the area becomes a bit more Mediterranean with every turn of the pedal. The unique natural scenery leads past lakes, through gorges, vineyards and enchanting cities to the largest lake in Italy – Lake Garda. Don't just enjoy the Italian 'Dolce Vita', walk in the footsteps of Reinhold Messner and meet Ötzi the Ice Man.

### *Details about the cycle tour Reschensee – Lake Garda*

The stage destinations of this tour read like a 'who's who' of Italian cultural highlights. On day 3 you roll down to Merano with a view of the mighty Ortler massif. Day 4 takes you to Bolzano, where wine, pasta and pizza taste even more delicious in front of the imposing mountain backdrop. Be it a shopping spree or historical voyage of discovery – you should definitely explore the alleys and arcades of the old town.

Accompanied by orchard and grapevines you continue to Trento, where the beauty of the architecture will take your breath away – there's a reason why it's also known as the 'painted city'.

### *Highlights of the 7-day cycle tour Reschensee – Lake Garda*

- **Magnificent panorama of the Ortler:** The Ortler summit reaches 3,905 metres and is a popular destination for alpinists. Passing castles and palaces, on the way to Merano you can also enjoy a great panoramic view of the mountain range 'from below'.
- **South Tyrolean wine and fruit in the Vinschgau:** Apple orchards, apricot cultivation and grapevines characterise this climatically unusual area in South Tyrol. Whether Vernatsch, Pinot Blanco or Gewürztraminer – taste the fine wines where they grow.

*Easy*



7 Days / 6 Nights



Self-guided Tour

**To the online version**



# Itinerary

DAY  
1

## *Arrival in Reschen*

In the evening, you have a personal tour information and the handover of rental bikes.

Sample hotel: [Panorama](#)

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DAY  
2

## *Reschen – Schlanders* | approx. 45 km

Today you will cycle along Lake Reschensee with a great view of the sunken church of Graun until you reach the medieval village of Glurns (perfectly preserved medieval city walls). Your destination is Schlanders, the capital of the famous Vinschgauer.

Sample hotel: [Anna](#)

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DAY  
3

## *Schlanders – Merano* | approx. 40 km

On your way you will come across some pretty castles (mountaineer Reinhold Messner's castle Juval) and you will get marvellous views of the impressive mountain massif Ortlermassiv and the mountain pass Stilfserjoch while you are rolling down on your bike into the tranquil Merano with its Mediterranean vegetation.

Sample hotel: [Flora](#)

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DAY  
4

## *Merano – Bolzano* | approx. 30-45 km

Two paths lead to Bolzano: One along the Adige River and another through the impressive landscape of orchards via Lana and Eppan. Here you can find the Messner Mountain Museum in the well-restored ruin of Sigmundskron. Ötzi – the man from the ice – is worth a visit.

Sample hotel: [Scala Stiegl](#)

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DAY  
5*Bolzano – Trento* | approx. 70 km

From Bolzano, you will cycle along the river Eisack and later along the river Adige on a beautiful bike path that is rich with orchards to Salurn, where the German speaking part of South Tyrol ends and afterwards to the historic centre of Trento accompanied by the vineyards of "Teroldego" vines.

Sample hotel: [NH Trento](#)

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DAY  
6*Trento– Torbole/Riva* | approx. 50 km

Today, you will cycle on bike paths along the river Adige via the old Tyrolean border town of Rovereto to Mori. From here, the route leads westward to Lake Garda. After a short climb onto Passo S. Giovanni (150 metres) you will head down to the lake and Torbole, Riva, or Arco.

Sample hotel: [Caravel](#)

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DAY  
7*Departure or extension*

# Tour character

You will cycle on beautiful bike paths mainly along the Adige River. The route will lead you from the Reschenpass (mountain pass) almost 1,500 metres in altitude downhill to Lake Garda. However, you will have to cycle some small climbs too. Overall, you will find yourself on beautiful bike paths and country lanes. Unfortunately, moderate traffic is unavoidable on some short connecting roads.



# Prices and events

*Place of arrival: Reschen*

	<b>Season 1</b> 30.04.2022 - 06.05.2022   01.10.2022 - 08.10.2022   arrival Monday, Friday, Saturday, Sunday	<b>Season 2</b> 07.05.2022 - 03.06.2022   10.09.2022 - 30.09.2022   arrival Monday, Friday, Saturday, Sunday	<b>Season 3</b> 04.06.2022 - 09.09.2022   daily arrival
<b>Lake Reschen - Lake Garda, 7 days, IT-ETRRG-07X</b>			
Base price	72900	82900	87900
Surcharge single room	17900	17900	17900

Category: 3\*\*\*- and 4\*\*\*\*- hotels

# Additional nights

*Place of arrival: Reschen*

	<b>Season 1</b> Apr 30, 2022 - May 6, 2022   Oct 1, 2022 - Oct 8, 2022   arrival Monday, Friday, Saturday, Sunday	<b>Season 2</b> May 7, 2022 - Jun 3, 2022   Sep 10, 2022 - Sep 30, 2022   arrival Monday, Friday, Saturday, Sunday	<b>Season 3</b> Jun 4, 2022 - Sep 9, 2022   daily arrival
<b>Reschen</b>			
Double room p.P.	6900	6900	6900
Surcharge single room	1500	1500	1500
<b>Torbole/Riva</b>			
Double room p.P.	7900	7900	9500
Surcharge single room	4500	4500	4500

# Our rental bikes

**Filter**

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<b>21-gears unisex incl. rental bike insurance</b>	89.00
<b>21-gear gents incl. rental bike insurance</b>	89.00
<b>7-gears unisex incl. rental bike insurance</b>	89.00
<b>Rental bike PLUS incl. rental bike insurance</b>	139.00
<b>Electric bike incl. rental bike insurance</b>	199.00

Prices per person in EUR

# Services and infos

## Services

### Included:

- Accommodation as already mentioned
- Breakfast
- Welcome briefing (German, English)
- Luggage transfer
- EUROBIKE developed route
- Detailed travel documents 1x per room (German, English)
- 1 x pistachio ice-cream on the way to Lake Garda
- Navigation-App and GPS-data available
- Service hotline

### Optional extras:

- Bike rental, including rental bike insurance
- Return transfer by minibus to Reschen every Saturday, Monday morning and Tuesday (occasionally) afternoon, costs € 79 per person, € 19 extra for your own bike,- to be paid in advance, reservation is necessary

## Infos

### Arrival / Parking / Departure:

- Landeck train station (North Tyrol), public bus to Reschen
- Innsbruck, Munich or Verona airport
- Car park costs approx. EUR 35 per week
- Public bus to Rovereto and train connections via Bolzano and Merano to Mals, public bus to Reschen

### Please note:

- Tourist tax, if due, is not included in the price!
- Further important information according to the package travel law can be found [here!](#)



# Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



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**Book now**

