



Atlantic Coast I: Nantes - La Rochelle

FROM NANTES TO LA ROCHELLE.

Following Vélodyssée routes, experience the wild beauty of seaside landscapes: huge beaches, giant dunes, large salt marshlands and pine forests ... always with the Ocean as a backdrop. Charming fishing ports and sweet seaside resorts will punctuate your journey.

- Get all information and many more tour tips for our [cycle tours in Brittany](#).

Challenging



8 Days / 7 Nights



Self-guided Tour



Minimum participants: 2

To the online version



Itinerary

DAY
1

Arrival in Nantes

Discover the charms and secrets of this Art & History city settled on the Loire river banks: its magnificent houses in the old districts, its cathedral and its Ducs de Bretagne chateau.

DAY
2

Nantes – Saint-Brévin- les- Pins | approx. 60 km

This first bike stage will allow you to reach the Loire river estuary with its calm and wild landscapes, between marshlands and countryside ... before breathing salty and fresh sea air in Saint Brévin les Pins. Enjoy the beautiful beaches.

DAY
3

Saint-Brévin- les- Pins – Bouin | approx. 55 km

Discover the "oyster capital" of the Vendée area, former island now protected by dikes and polders, and unique in France. Observe the salt marshland workers and don't forget to taste some oysters at Port du Bec, enjoying the view over Noirmoutier island.

DAY
4

Bouin – Saint- Jean-de-Monts | approx. 55 km

Follow the cycling paths through dunes and forests, and admire the 20th century villas all along the way. After the small loop on the Noirmoutier island, a beautiful fine white sand beach is waiting for you at Saint Jean de Monts.

DAY
5

Saint- Jean- de- Monts – Les Sables d´Olonne | approx. 55 km

Between Sion and St-Gilles-Croix-de-Vie, ride along the picturesque rocks of 'Cinq-Piteaux' and 'Trou du Diable'. Discover the old fishing port of St-Hilaire-de-Riez before reaching the famous 'Vendée Globe' race departure town: Les Sables d'Olonne. There you can taste seafood products such as the well-known 'sablaise' sardine.

DAY
6*Les Sables d'Olonne – La-Tranche-sur-Mer*

approx. 45 km

On the first part of this stage, you will ride close to the sea, from beaches to rocky creeks... before riding along the Payré estuary with its astonishing and contrasting colours. Leave your bike for a while to have a swim on one of the nice beaches such as Conche beach, before reaching La-Tranche-sur-Mer, a famous seaside resort dedicated to board sports.

DAY
7*La-Tranche-sur-Mer – La Rochelle*

approx. 75 km

Cycle through the dry part of the 'Marais Poitevin' and follow the 'Voies Vertes' cycling paths to enter the village of Marans. Have a look at the church and its surprising bell tower made of glass and metal. Continue to La Rochelle with its old towers, remains from the old defensive walls. You will enjoy the charms of the old city bathed with warm and sweet lights.

DAY
8*Departure or extension*

Tour character

You cycle mainly on well-developed cycle paths, partially there are also segments on grit ways. The stages are generally hilly, with several climbs on stages 2 and 5.



Prices and events

Place of arrival: Nantes

Season 1

01.03.2021 - 31.10.2021 |

Arrival daily

Atlantic Coast I, 8 days, cat. A, FR-ATRNL-08A

Base price	1,369.00
Surcharge half board	315.00
Surcharge single room	719.00

Atlantic Coast I, 8 days, cat. B, FR-ATRNL-08B

Base price	1,049.00
Surcharge half board	255.00
Surcharge single room	439.00

Category A: 3*** and 4**** hotels (French classification)

Category B: 2** and 3*** hotels (French classification)

Additional nights

Place of arrival: Nantes

Season 1

Mar 1, 2021 - Oct 31, 2021 |

Arrival daily

Nantes

Double room p. P. cat. A	89.00
Surcharge single room	79.00

La Rochelle

Season 1

Mar 1, 2021 - Oct 31, 2021 |

Arrival daily

Double room p. P. cat. A	13900
Surcharge single room	10900
Nantes	
Double room p. P. cat. B	7500
Surcharge single room	4900
La Rochelle	
Double room p. P. cat.B	7900
Surcharge single room	5500

Our rental bikes

Filter

Rental bike 21-gear	12900
E-Bike	21900

Prices per person in EUR

Services and infos

Services

Included:

- Accommodation in your selected category
- Breakfast buffet or an extensive breakfast
- Luggage transfer between the hotels
- Detailed travel documents 1x per room (German, English, French with route maps, route description, local attractions, important telephone numbers)
- Service hotline
- Tourist tax

Optional extras:

- Half-board evening meal (mostly multi-course, sometimes outside the property, payable with voucher)
- Return transfer by minibus to Nantes, price on request

Infos

Arrival / Parking / Departure:

- Nantes train station
- Nantes airport
- Public multi-storey car park "Talensac" in Nantes costs approx. EUR 8 per day
- Good train connections from La Rochelle to Nantes

Things to note:

- Further important information according to the package travel law can be found [here!](#)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



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Book now

