



★★★★★ (4)

Innsbruck - Lake Garda sporty

THROUGH ORCHARDS AND VINEYARDS ON THE ADIGE CYCLE PATH.

On this tour you will come across well-known cities such as Innsbruck, Merano and Trento. The rivers Inn and Adige lead you via Lake Reschensee and Lake Caldaro to Lake Garda. Impressive mountain ranges form an incredible panorama. From Reschen to Lake Garda you will cycle past beautiful orchards and vineyards: The time between blossoming and harvesting is the best cycling season on the southern slopes of the Alps.

- Get all information and many more tour tips for our [cycle tours in Tyrol](#) and a selection of our [sporty cycle tours](#).
- More information about the topic [Crossing the Alps](#) you'll find here.

Athletic



8 Days / 7 Nights



Self-guided Tour

To the online version



Itinerary

DAY
1

Arrival in Innsbruck

Welcome briefing and bike fitting. For the rest of the day, we recommend visiting Innsbruck's famous old town with its city tower and its "Golden Roof".

Sample Hotel: [Austria Trend Congress](#)

DAY
2

Innsbruck – Imst | approx. 65 km

You will pedal on the former towpath along the river Inn, at the foot of the Martinswand (mountain face) and through little villages and market towns to Stams (baroque Cistercian convent). Then, you will continue your tour via Haiming to Imst, the so-called "Merano of North Tyrol".

Sample Hotel: [Hirschen](#)

DAY
3

Imst – Reschen | approx. 75 km

Today, you will cycle along the river Inn, past the monastery Zams to Landeck and to Martina in Switzerland. From here the route leads uphill over the Reschen Pass to Italy (the Reschen Pass can also be bridged by bus from Landeck for an additional charge). You will be rewarded with a magnificent mountain panorama for the certainly demanding climb.

Sample hotel: [Panorama](#)

DAY
4***Reschen – Merano*** | approx. 90 km

Your day starts towards Glurns (perfectly preserved medieval city walls). Then, you will cycle via the Montani ruins, through Schlanders, down to Merano. On your way, you will come across some pretty castles (mountaineer Reinhold Messner's castle Juval) and you will get marvellous views of the impressive mountain massif Ortlermassiv and the mountain pass Stilfserjoch. Since 2004, the Venosta train (Vinschgaubahn) has been operating again between Mals and Merano. You can almost always take this train to travel a part of your journey.

Sample hotel: [Flora](#)

DAY
5***Merano – Lake Caldaro – Bolzano*** | approx. 70 km

Today's stage will take you via Lana (Schnatterpeck Altar) and through numerous orchards and vineyards in the area of the South Tyrolean Wine Road, past many fortresses, castles, and ruins such as Hocheppan (famous frescos), to Lake Caldaro. Leaving the charming wine town behind you, you will cycle via the Montiggler lakes, past Sigmundskron to Bolzano (arcades, "Ötzi" museum).

Sample hotel: [Scala Stiegl](#)

DAY
6***Bolzano – Trento*** | approx. 70 km

From Bolzano, you will cycle along the river Eisack and later along the river Adige on a beautiful bike path that is rich with orchards to Salurn, where the German speaking part of South Tyrol ends and afterwards to the historic centre of Trento accompanied by the vineyards of "Teroldego" vines.

Sample hotel: [NH Trento](#)

DAY
7***Trento – Riva/Torbole*** | approx. 50 km

Today, you will cycle on bike paths along the river Adige via the old Tyrolean border town of Rovereto to Mori. From here, the route leads westward to Lake Garda. In Mori you will taste the world famous pistachio ice-cream in the Gelateria Bologna. After a short climb onto Passo S. Giovanni (150 metres), you will head down to the lake to Torbole or Riva.

Sample hotel: [Caravel](#)

DAY
8

Departure or extension

Tour character

You will cycle on beautiful bike paths in the river valleys of the Inn and Adige and on numerous service roads between orchards and vineyards. You also can catch the bus from the Inntal valley to the mountain pass Reschenpass. From there, you can enjoy cycling downhill for more than 1,200 metres in altitude. In between, cycling up some small climbs will be necessary.



Prices and events

Place of arrival: Innsbruck

	Season 1 24.04.2021 - 07.05.2021 25.09.2021 - 09.10.2021 Arrival Saturday and Wednesday	Season 2 08.05.2021 - 18.06.2021 11.09.2021 - 24.09.2021 Arrival Saturday and Wednesday	Season 3 19.06.2021 - 10.09.2021 Arrival Saturday and Wednesday
Innsbruck - Lake Garda, 8 days, sporty, AT-ETRIG-08X-SPO			
Base price	869.00	899.00	939.00
Surcharge single room	199.00	199.00	199.00

Category: 3*** and 4**** hotels

Additional nights

Place of arrival: Innsbruck

	Season 1 Apr 24, 2021 - May 7, 2021 Sep 25, 2021 - Oct 9, 2021 Arrival Saturday and Wednesday	Season 2 May 8, 2021 - Jun 18, 2021 Sep 11, 2021 - Sep 24, 2021 Arrival Saturday and Wednesday	Season 3 Jun 19, 2021 - Sep 10, 2021 Arrival Saturday and Wednesday
Innsbruck			
Double room p.P.	69.00	69.00	69.00
Surcharge single room	29.00	29.00	29.00
Riva/Torbole			
Double room p.P.	69.00	69.00	89.00
Surcharge single room	29.00	29.00	29.00

Our rental bikes

Filter

21-gears unisex incl. rental bike insurance	8500
21-gear gents incl. rental bike insurance	8500
7-gears unisex incl. rental bike insurance	8500
Rental bike PLUS incl. rental bike insurance	12900
Electric bike incl. rental bike insurance	18900

Prices per person in EUR

Services and infos

Services

Included:

- Accommodation as already mentioned
- Breakfast buffet
- Welcome briefing (German, English)
- Luggage transfer between the hotels
- EUROBIKE developed route
- Detailed travel documents 1x per room (German, English with route maps, route description, local attractions, important telephone numbers)
- 1 Pistachio ice-cream on the way to Lake Garda
- EUROBIKE signposting
- GPS-data is available
- Service hotline

Optional extras:

- Bike rental, including rental bike insurance
- Transfer from Landeck to Reschenpass, costs EUR 25 per person incl. your bike, reservation is necessary
- Return transfer by minibus to Innsbruck every Saturday morning, costs EUR 79 per person incl. your bike, to be paid for at the time, reservation is necessary

Infos

Arrival / Parking / Departure:

- Innsbruck train station
- Innsbruck and Munich airport
- Garage costs approx. EUR 15 /; to be paid for at the time, no reservation possible
- Public bus from Riva/Torbole to Rovereto, good train connections from Rovereto to Innsbruck

Hinweis:


- Tourist tax, if due, is not included in the price!
- Further important information according to the package travel law can be found [here!](#)


Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



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Book now

