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## Minho - Porto

### FROM THE MOUNTAINS TO THE SEA

The Minho and Porto biking holiday will give you an almost surrealistic “change of scenery” experience. Starting high in the mountains area, you will literally cycle down to the Atlantic Ocean stretching before you as far as you can see. This land is also blessed by the Minho, Lima and Douro rivers, each of which will accompany you at one stage or another of your ride. This is a proud land, proud of its maritime history and of the remains of the fortifications that helped keep the Spanish well within their borders. It is the land of fine mountain cuisine and, along the coast, a wealth of fish and seafood dishes, best enjoyed with a glass of Vinho Verde wine. Best of all, it is a biking journey that will put you in touch with some of the nicest Europeans. Do take every opportunity to meet the local inhabitants: fishermen and their wives, farmers, the kind lady at the local shop; listen to the stories of the owners of your accommodations. Cycle across the ancient Roman bridge at Ponte de Lima, famous for its beauty and its importance to medieval pilgrims as they made their way from Porto to Santiago de Compostela. Enjoy biking through the North of Portugal at its most authentic.

#### Medium



 8 Days / 7 Nights

 Self-guided Tour

#### To the online version



# Itinerary

DAY  
1

## *Arrival in Castro Laboreiro*

Arrival in Porto airport with transfer to the start hotel.

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DAY  
2

## *Castro Laboreiro – Monção* | approx. 45/55 km

The first stage of your biking holiday is exceptionally beautiful, a pleasant downhill journey past the Spanish border, past a landscape of stark granite outcrops and few trees, across the northern regions of the Gerês National Park and into the land of the Serra de Peneda mountain range. The 72,000 acres of the Gerês National Park provide one of the last natural refuges for wolves and golden eagles. Don't be too surprised if you come face-to-face with a deer or a wild boar! Continue cycling through totally silent villages where you will always find a kind person to help you find the road when needed. The community ovens where villagers gathered to bake their bread, some of them still in use, are fascinating. Particularly striking are the traditional espigueiros, the granite maize stores on stilts. By the time you arrive in Monção, the fortified town on the River Minho, you will understand why the Portuguese are so proud of the fact that the Spanish were never able to conquer them.

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DAY  
3

## *Monção – Vila Praia de Âncora* | approx. 50 km

Today, you will travel eastwards, along the River Minho to the Atlantic Ocean. Your journey will take you through the demarcated Vinho Verde winemaking region and the vineyards that produce the dry white wine for which it is famous. Enjoy the elegant Brejoeira Palace which is still inhabited by the family, a leading producer of top quality Vinho Verde, and pick up a bottle of this wine for dinner. Along the route, you will cycle past landmarks of the battles between Portugal and Spain, especially the impressive 17th century stronghold at Valença and the Vila Nova de Cerveira fort. That evening, you will stay in Caminha, an elegant town strategically located at the estuary of the River Minho and whose history dates back to pre-Roman times.

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DAY  
4*Vila Praia de Âncora – Ponte de Lima*

| approx. 55 km

You leave Vila Praia de Âncora and cycle along the Atlantic Ocean and through small fishing villages whose time seems to have stood still. In Viana do Castelo you will encounter a lively small town at the mouth of the Lima, an important port already in Roman times, but also during the voyages of discovery of the Portuguese in the 16th century. You will find many imposing and beautiful townhouses that characterise the city. Just like the town's landmark perched on the hill, the Santa Luzia Church; it's worth the climb! From here, follow the river inland to Portugal's oldest village, Ponte de Lima, with its famous Roman bridge worth seeing.

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DAY  
5*Ponte de Lima – Barcelos*

| approx. 35 km

Whether you are religious or not, following the medieval Portuguese route to Santiago de Compostela is a special experience. Possibly because one is so aware that this has been a pilgrims' way for centuries and that so many have trod these paths with such fervour and dedication. It is a route that those who walk it still today, do so knowing they will meet challenges, experience great joy and forever learn the lesson of life. This is a pleasant, not complex, bike ride through cornfields and vineyards to the city of Barcelos on the River Cavado. The centre of the pottery industry, it is also of religious importance. You must visit the 13th century Mother Church. Every hour on the hour, you will hear the pealing of the church bells of the many parishes for which the city is famous.

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DAY  
6*Barcelos – Vila do Conde*

| approx. 35/40 km

Today you cycle back to the Atlantic, a sight we genuinely look forward to. You can take some extra time to enjoy a great lunch: a leisurely, several-course meal that again reminds you why the Portuguese people are so proud of their cuisine. Of the finest nature, it can only be made by those who genuinely worship the wealth of what the earth has to offer. Vila do Conde is famous for its shipbuilding past, as we can see by the replica of a ship used during the Discoveries and built here. The city centre is dominated by gracious manors and small palaces. The importance of its fishing harbour is not just evident in the port. That evening, you will enjoy a wonderful seafood dinner in the town and a leisurely stroll along the beach before you go to bed, refreshed by the sea air.

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DAY  
7*Vila do Conde – Porto*

| approx. 35/50 km

The last stage of your holiday will take you on quiet cycle paths along the coast, through a sea bird reserve, along dunes and across fishing villages. It is remarkable how hard these fishermen (and their wives!) work and even more their good spirits. You are approaching Porto and you will soon enter the city via the estuary of the River Douro. This city, famous for Port Wine past and present, is considered one of the most beautiful cities in Europe. A Unesco World Heritage City, its historic centre boasts more than 1500 listed monuments. Still, as you meander on your bike alongside the River Douro, you cannot help but become aware of the gifts this city and this region have to offer. As we have said, a breath of calm, peace of the soul and a love of life.

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DAY  
8*Departure or extension*

# Tour character

From the mountains to the sea mainly downhill, after that there are some daily ascents to overcome. Asphalted paths, agricultural paths and Ecovias (typical Portuguese cycle paths also on natural soils). These stages are not a problem for regular cyclists



# Prices and events

*Place of arrival: Castro Laboreiro*

## Season 1

01.03.2023 - 30.04.2023 | 01.10.2023 - 30.11.2023 |  
Arrival Sunday

## Season 2

01.05.2023 - 30.09.2023 |  
Arrival Sunday

Minho - Porto, 8 days, PO-PORMP-08X		
Base price	89900	99900
Surcharge single room	31900	38900

Category: 4\*\*\*\*-hotels or 4\*\*\*\*-niveau

# Additional nights

*Place of arrival: Castro Laboreiro*

## Season 1

Mar 1, 2023 - Apr 30, 2023 | Oct 1, 2023 - Nov 30, 2023 |  
Arrival Sunday

## Season 2

May 1, 2023 - Sep 30, 2023 |  
Arrival Sunday

Porto		
Double room p. P.	8900	10900
Surcharge single room	3500	3500

# Our rental bikes

*Filter*

E-Bike	14500
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Prices per person in EUR

# Services and infos

## Leistungen

### Included:

- Accommodation as already mentioned
- Breakfast
- Luggage transfer (one luggage piece per person)
- Detailed travel documents 1x per room (German, English) with route maps, route description, local attractions, important telephone numbers
- Transfer from Porto Airport to the hotel and from the last hotel back to the airport Porto
- Rental bike
- GPS-data is available
- Service hotline

## Infos

### Arrival / Parking / Departure:

- Porto airport

### Things to note:


- Tourist tax, if due, is not included in the price.
- Further important information according to the package travel law can be found [here!](#)

# Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



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**Book now**

