

# TRAVEL CECKLIST

## ALL DETAILS FROM A – Z



With our travel checklist, nothing will stand in the way of your next active holiday.

DOCUMENT	PACKED?	NOTES
Valid Passport or I.D	<input type="checkbox"/>	
Driving Licence	<input type="checkbox"/>	
Cash	<input type="checkbox"/>	
Bank card, credit card	<input type="checkbox"/>	
E-card/overseas health insurance	<input type="checkbox"/>	
Mobile phone (with battery charged)	<input type="checkbox"/>	
Vaccination passport	<input type="checkbox"/>	
Travel insurance documents	<input type="checkbox"/>	
Travel documents already received	<input type="checkbox"/>	
Guidebook	<input type="checkbox"/>	
Flight ticket/train ticket (if required)	<input type="checkbox"/>	

CLOTHING/SHOES	PACKED?	NOTES
Long/short sports trousers	<input type="checkbox"/>	
Sports top (long-sleeved/short-sleeved)	<input type="checkbox"/>	
Sports base layers	<input type="checkbox"/>	
Neck scarf (if required)	<input type="checkbox"/>	
Headband	<input type="checkbox"/>	
Hat or cap (sun protection)	<input type="checkbox"/>	
Jacket/wind breaker	<input type="checkbox"/>	
Rain clothes	<input type="checkbox"/>	
Warm clothing e.g. jumper/fleece jumper or jacket	<input type="checkbox"/>	
Casual clothing for the evenings	<input type="checkbox"/>	
Swimming costume/trunks	<input type="checkbox"/>	
Socks/sports socks	<input type="checkbox"/>	

Sports shoes: Hiking shoes with a sturdy sole, mountain boots (depending on the difficulty level of the hike) or sports shoes for cycling

Leisure shoes

Flip-Flops/sandals

### SPORTS EQUIPMENT

### PACKED?

### NOTES

Backpack for daily luggage

Bicycle helmet

Possibly puncture repair kit for the bike

### OTHER

### PACKED?

### NOTES

Sunglasses/glasses

Earphones

Laptop/tablet

Hygiene and care products

Plasters/blister plasters

Nail care (nail scissors/nail file)

Mosquito repellent/insect repellent

Sun cream

Medication and a small first aid kit

Earplugs

Hand disinfectant

Glasses cleaner

Camera

Charging cable/mobile phone charger

Possibly travel wash

Handkerchiefs

Refillable water bottle

Book

Chewing gum/sweets

Snacks: e.g. dried fruit, energy bars